



S.G.V.C Vidya Prasarak Trust's  
**M.G.V.C Arts, Commerce  
and Science College,  
Muddebihal**

**IQAC Initiative**

Department of Physical Education Organized

**Certificate Course on "Yogasana's"**

Date: 09-03-2026 to 21-04-2026 Time: 6.00 to 7.15 am



**Academic Year- 2025-26**

**7 Yoga Asanas For  
Brain Power**



**YOGA ASANAS POSES  
TO HELP YOU  
LOSE WEIGHT FAST**



Physical Education Director  
M.G.V.C. Arts, Com. & Science  
College, Muddebihal. Dist: Vijayapur,

Co-ordinator,  
Internal Quality Assurance Cell  
M.G.V.C. Arts, Commerce & Science College  
MUDDEBIHAL-586212. Dist: Vijayapur,

PRINCIPAL,  
M. G. V. C. Arts, Com. & Science College  
MUDDEBIHAL - 586212.

To,  
The Principal  
MGVC Arts, Commerce and Science  
College, Muddebihal.

Date: 06-03-2026

**Sub: Regarding request for permission to conduct certificate course.**

Physical Education Department is interested to conduct a "Certificate Course in Yogasana's" on 09-03-2026 at 6.00 to 7.15 am for BA/ B.Com/ B.Sc 4<sup>th</sup> Semester students 2025-26. I hereby earnestly request you to grant your kind permission to make the project work successful. Your co-operation and guidance will be quite helpful to the students in acquiring the academic excellence. I strongly believe that you will oblige.

Thanking you,

  
Yours faithfully  
Physical Education Director  
M.G.V.C. Arts, Com, & Science  
College, Muddebihal. Dist. Vijayapur.

From,  
  
Prof. H.G. Patil  
Director of Physical Education  
M.G.V.C Art, Commerce and Science  
College, Muddebihal.



S. G. V. C. Vidya Prasarak Trust's,  
**Matoshri Gangamma Veerappa Chiniwar**  
**Arts, Commerce & Science College,**

**MUDDEBIHAL-586212.** Dist. Vijayapur (Karnataka)  
(Accredited with CGPA of 3.31 on seven point scale at 'A+' Grade)  
Affiliated to Rani Channamma University, Belgavi



• email : [princmgvc@gmail.com](mailto:princmgvc@gmail.com) • [www.mgvcmbi.in](http://www.mgvcmbi.in) • 9035103184 •

Ref. No. : .....

Date : .....

### Permission Letter

Date: 06-03-2026

Dear Colleagues,

I'm pleased to know through your request letter that you are going to conduct **Department of Physical Education Certificate Course in "Yogasana's"** on **09-03-2026 to 21-04-2026** at **6.00 to 7.15 am** for **BA/ B.Com/ B.Sc 4<sup>th</sup> Semester** students for the year- 2025-26.

You are hereby granted permission for the same. I wish you entire project work will be quite successful.

Date: 06-03-2026

Place: Muddebihal

PRINCIPAL

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**MUDDEBIHAL - 586212.**



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Ref. No. : .....

Date : .....

## Notice

This is to inform all the students of BA/ B.Com/B.Sc 4<sup>th</sup> Semester are hereby Department of Physical Education will be conducted Certificate Course on "Yogasana's" dated on 09-03-2026 to 21-04-2026 at 6.00 to 7.15 am in the Indoor Stadium . Hence all the students to attend the programme without fail.

Date: 07-03-2026

Place: Muddebihal

  
**PRINCIPAL,**  
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**MUDDEBIHAL - 586212.**



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**IQAC Initiative**

**Department of Physical Education Organized**

**Certificate Course on "Yogasana's"**

**Inauguration Programme**

**Date: 09-03-2026**

**President : Prof. S.N. Poleshi, Principal**

**Chief Guest : Shri. Shivanand Kumbar, Director of Physical Education, MGVC  
B.Ed College, Muddebihal**

**Presence : Dr. M.I. Biradar, IQAC Coordinator**

**Dr. A.A. Mulla, NAAC Coordinator**

**Dr. R.H. Sajjan, Head, Department of History**

**Dr. S.C. Angadi, Head, Department of Hindi**

**Organizer : Prof. H.G. Patil, Director of Physical Education**

**Venue: M.G.V.C Arts, Commerce and Science College, Indoor Stadium, Muddebihal**

**All are Cordially Welcome**

  
Physical Education Director  
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Co-ordinator,  
Internal Quality Assurance Cell  
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MUDDEBIHAL-586212. Dist: Vijayapur.

  
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MUDDEBIHAL - 586212.



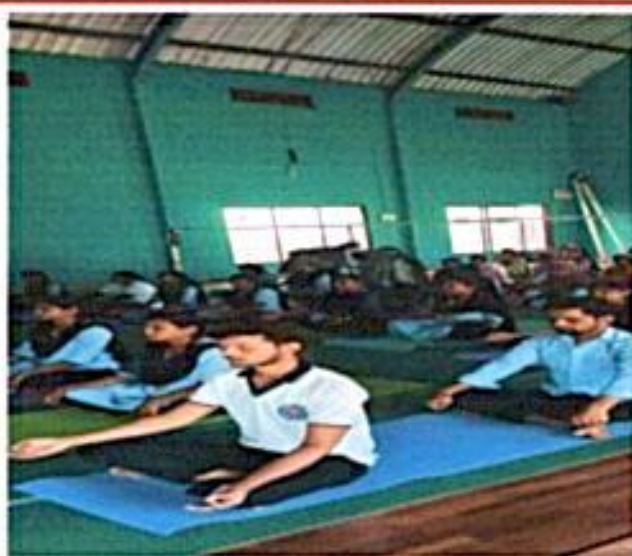
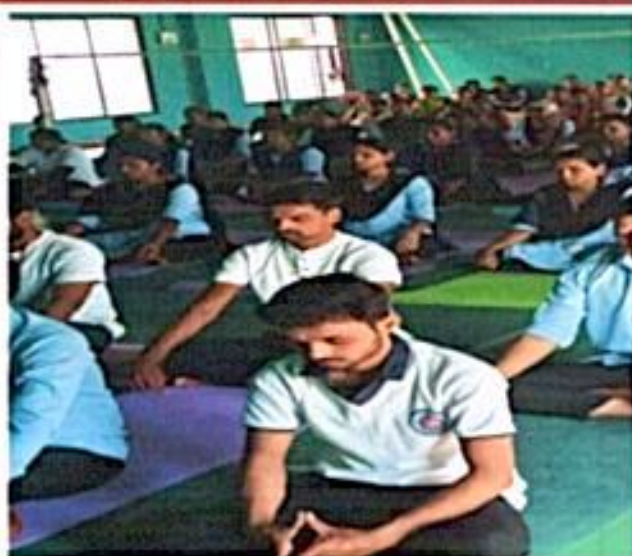
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**Certificate Course on "Yogasana's"**

**Time Table**

**Class: BA/ BCOM/ B.Sc 4<sup>th</sup> Semester Students**

**Name of the Faculty: Prof. H.G. Patil, Director of Physical Education**

| Sl.No | Time | Monday  | Tuesday | Wednesday | Thursday | Friday  | Saturday |
|-------|------|---------|---------|-----------|----------|---------|----------|
| 01    | 6.00 | BA IV   | BA IV   | BA IV     | BA IV    | BA IV   | BA IV    |
|       | 7.15 | BCOM IV | BCOM IV | BCOM IV   | BCOM IV  | BCOM IV | BCOM IV  |
|       | am   | BSC IV  | BSC IV  | BSC IV    | BSC IV   | BSC IV  | BSC IV   |

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**Certificate Course on "Yogasana's"**

**Syllabus**

**Class: BA/ BCOM/ B.Sc 4<sup>th</sup> Semester Students**

**Subject: Yogasana's**

**Name of the Faculty: Prof. H.G. Patil, Director of Physical Education**

| Sl.No    | Syllabus                                         | Hours |
|----------|--------------------------------------------------|-------|
| Unit I   | Introduction of Asana's                          | 09    |
| Unit II  | Yoga's origins, classical yoga                   | 09    |
| Unit III | Transformation                                   | 09    |
| Unit IV  | Practices- Asana's, Styles, Sessions and Hybrids | 05    |

**Book for Reference:**

- Penman, Stephen; Stevens, Philip; Cohen, Marc; Jackson, Sue (2012). "Yoga in Australia: Results of a national survey"
- "Hatha Yoga Pradipika: Chapter 1. On Āsanas". *sacred-texts.com*.
- Lacerda, Daniel (2015). *2,100 Asanas: the complete yoga poses*. New York. ISBN 978-1-63191-010-4. OCLC 902661254

  
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**Certificate Course on "Yogasana's"**

**BoS- Based of Studies- Syllabus**

**Committee: 2025-26**

| Sl.No | Name of the Professors | Designation                    |
|-------|------------------------|--------------------------------|
| 01    | Prof. S.N. Poleshi     | Chairman                       |
| 02    | Prof. H.G. Patil       | Director of Physical Education |
| 03    | Shri. Shivanand Kumbar | Member                         |
| 04    | Dr. R.H. Sajjan        | Member                         |
| 05    | Dr. S.C. angadi        | Member                         |

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## Certificate Course on "Yogasana's"

### Students Attendance Sheet

| Roll No | Name of the Students        | Date: 09-03-2026 to 21-04-2026 |  |  |  |  |  |  |  |  |  |
|---------|-----------------------------|--------------------------------|--|--|--|--|--|--|--|--|--|
| 01      | Krishnaji Rathod            |                                |  |  |  |  |  |  |  |  |  |
| 02      | Muttu Shivanand Alur        |                                |  |  |  |  |  |  |  |  |  |
| 03      | ANUSHA BASALINGAPPA MADARI  |                                |  |  |  |  |  |  |  |  |  |
| 04      | HANAMANTH TOPALKATTI        |                                |  |  |  |  |  |  |  |  |  |
| 05      | Yamanavva Basappa Talawar   |                                |  |  |  |  |  |  |  |  |  |
| 06      | ANITHA KAREPPA GURIKAR      |                                |  |  |  |  |  |  |  |  |  |
| 07      | REKHA MOTHILALA RATHOD      |                                |  |  |  |  |  |  |  |  |  |
| 08      | MALLAMMA SANGAYYA HIREMATH  |                                |  |  |  |  |  |  |  |  |  |
| 09      | SANTOSH HADIMANI            |                                |  |  |  |  |  |  |  |  |  |
| 10      | ANAND                       |                                |  |  |  |  |  |  |  |  |  |
| 11      | HOLEPPA NINGAPPA KORI       |                                |  |  |  |  |  |  |  |  |  |
| 12      | Mallappa Devappa Gundakanal |                                |  |  |  |  |  |  |  |  |  |
| 13      | Ninganna Siddappa Koddin    |                                |  |  |  |  |  |  |  |  |  |
| 14      | Kaveri Laxmana Hulikeri     |                                |  |  |  |  |  |  |  |  |  |
| 15      | ANJALI                      |                                |  |  |  |  |  |  |  |  |  |

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## Certificate Course on "Yogasana's"

### Students Attendance Sheet

| Roll No | Name of the Students        | Date: 09-03-2026 to 31-04-2026 |    |    |    |    |    |    |    |    |    |    |
|---------|-----------------------------|--------------------------------|----|----|----|----|----|----|----|----|----|----|
| 01      | Krishnaji Rathod            | K                              | K  | K  | K  | K  | K  | K  | K  | K  | K  | K  |
| 02      | Muttu Shivanand Alur        | MS                             | MS | MS | MS | MS | MS | MS | MS | MS | MS | MS |
| 03      | ANUSHA BASALINGAPPA MADARI  | AB                             | AB | AB | AB | AB | AB | AB | AB | AB | AB | AB |
| 04      | HANAMANTH TOPALKATTI        | H                              | H  | H  | H  | H  | H  | H  | H  | H  | H  | H  |
| 05      | Yamanavva Basappa Talawar   | Y                              | Y  | Y  | Y  | Y  | Y  | Y  | Y  | Y  | Y  | Y  |
| 06      | ANITHA KAREPPA GURIKAR      | A                              | A  | A  | A  | A  | A  | A  | A  | A  | A  | A  |
| 07      | REKHA MOTHILALA RATHOD      | R                              | R  | R  | R  | R  | R  | R  | R  | R  | R  | R  |
| 08      | MALLAMMA SANGAYYA HIREMATH  | M                              | M  | M  | M  | M  | M  | M  | M  | M  | M  | M  |
| 09      | SANTOSH HADIMANI            | S                              | S  | S  | S  | S  | S  | S  | S  | S  | S  | S  |
| 10      | ANAND                       | A                              | A  | A  | A  | A  | A  | A  | A  | A  | A  | A  |
| 11      | HOLEPPA NINGAPPA KORI       | H                              | H  | H  | H  | H  | H  | H  | H  | H  | H  | H  |
| 12      | Mallappa Devappa Gundakanal | M                              | M  | M  | M  | M  | M  | M  | M  | M  | M  | M  |
| 13      | Ninganna Siddappa Koddin    | N                              | N  | N  | N  | N  | N  | N  | N  | N  | N  | N  |
| 14      | Kaveri Laxmana Hulikeri     | K                              | K  | K  | K  | K  | K  | K  | K  | K  | K  | K  |
| 15      | ANJALI                      | A                              | A  | A  | A  | A  | A  | A  | A  | A  | A  | A  |

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S.G.V.C Vidya Prasarak Trust's

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## Certificate Course on "Yogasana's"

### Students Attendance Sheet

| Roll No | Name of the Students        | Date: 09-03-2026 to 21-04-2026 |  |  |  |  |  |  |  |  |  |  |
|---------|-----------------------------|--------------------------------|--|--|--|--|--|--|--|--|--|--|
| 01      | Krishnaji Rathod            |                                |  |  |  |  |  |  |  |  |  |  |
| 02      | Muttu Shivanand Alur        |                                |  |  |  |  |  |  |  |  |  |  |
| 03      | ANUSHA BASALINGAPPA MADARI  |                                |  |  |  |  |  |  |  |  |  |  |
| 04      | HANAMANTH TOPALKATTI        |                                |  |  |  |  |  |  |  |  |  |  |
| 05      | Yamanavva Basappa Talawar   |                                |  |  |  |  |  |  |  |  |  |  |
| 06      | ANITHA KAREPPA GURIKAR      |                                |  |  |  |  |  |  |  |  |  |  |
| 07      | REKHA MOTHILALA RATHOD      |                                |  |  |  |  |  |  |  |  |  |  |
| 08      | MALLAMMA SANGAYYA HIREMATH  |                                |  |  |  |  |  |  |  |  |  |  |
| 09      | SANTOSH HADIMANI            |                                |  |  |  |  |  |  |  |  |  |  |
| 10      | ANAND                       |                                |  |  |  |  |  |  |  |  |  |  |
| 11      | HOLEPPA NINGAPPA KORI       |                                |  |  |  |  |  |  |  |  |  |  |
| 12      | Mallappa Devappa Gundakanal |                                |  |  |  |  |  |  |  |  |  |  |
| 13      | Ninganna Siddappa Koddin    |                                |  |  |  |  |  |  |  |  |  |  |
| 14      | Kaveri Laxmana Hulikeri     |                                |  |  |  |  |  |  |  |  |  |  |
| 15      | ANJALI                      |                                |  |  |  |  |  |  |  |  |  |  |

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MUDDEBIHAL-596212. Dist: Vijayapur.

|    |                                   |                |                |                |                |                |                |                |                |                |                |                |
|----|-----------------------------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|
| 16 | Rakashita Basanagowda Biradara    | R              | R              | R              | R              | R              | R              | R              | R              | R              | R              | R              |
| 17 | SANIA AKBAR BAVDOOR               | S              | S              | S              | S              | S              | S              | S              | S              | S              | S              | S              |
| 18 | Manjunath Yalaguradappa Meti      | M              | M              | M              | M              | M              | M              | M              | M              | M              | M              | M              |
| 19 | Shivayya Basayya Math             | S              | S              | S              | S              | S              | S              | S              | S              | S              | S              | S              |
| 20 | Sanju Dyavappa Handaragalla       | SDH            | SDH            | SDH            | SDH            | SDH            | SDH            | SDH            | SDH            | SDH            | SDH            | SDH            |
| 21 | Laxmi Ramannavar                  | AS.H           | ASH            | ASH            | ASH            | ASH            | ASH            | ASH            | ASH            | ASH            | ASH            | ASH            |
| 22 | Prajwal B Pattanashetti           | P              | P              | P              | P              | P              | P              | P              | P              | P              | P              | P              |
| 23 | Sameer Munna Kudari               | SMK            | SMK            | SMK            | SMK            | SMK            | SMK            | SMK            | SMK            | SMK            | SMK            | SMK            |
| 24 | Kavya Gangappa Havaladar          | K              | K              | K              | K              | K              | K              | K              | K              | K              | K              | K              |
| 25 | Ishwari Siddappa Pyatishettar     | <del>ISP</del> | <del>ISP</del> | <del>ISP</del> | <del>ISP</del> | <del>ISP</del> | <del>ISP</del> | <del>ISP</del> | <del>ISP</del> | <del>ISP</del> | <del>ISP</del> | <del>ISP</del> |
| 26 | Pavitra Shreenivas Biradar        | P              | P              | P              | P              | P              | P              | P              | P              | P              | P              | P              |
| 27 | Shaila Hatti                      | H              | H              | H              | H              | H              | H              | H              | H              | H              | H              | H              |
| 28 | RANJITA NADAGERI                  | R              | R              | R              | R              | R              | R              | R              | R              | R              | R              | R              |
| 29 | Saniya Nadaf                      | S              | S              | S              | S              | S              | S              | S              | S              | S              | S              | S              |
| 30 | BASAMMA SANGANNA YALAWAR          | B              | B              | B              | B              | B              | B              | B              | B              | B              | B              | B              |
| 31 | Muragemma Shekhayya Chikkamath    | M              | M              | M              | M              | M              | M              | M              | M              | M              | M              | M              |
| 32 | GURURAJ ERANNA BYAKODA            | <del>GEB</del> | <del>GEB</del> | <del>GEB</del> | <del>GEB</del> | <del>GEB</del> | <del>GEB</del> | <del>GEB</del> | <del>GEB</del> | <del>GEB</del> | <del>GEB</del> | <del>GEB</del> |
| 33 | BAPUGOWDA POLESHI                 | B              | B              | B              | B              | B              | B              | B              | B              | B              | B              | B              |
| 34 | Tabasum Banglesab Chepparabnd     | TcB            | TcB            | TcB            | TcB            | TcB            | TcB            | TcB            | TcB            | TcB            | TcB            | TcB            |
| 35 | Shruti Hanamantray Singnalli      | S              | S              | S              | S              | S              | S              | S              | S              | S              | S              | S              |
| 36 | Srushti Basalingayya Naduvinamath | SB             | SB             | SB             | SB             | SB             | SB             | SB             | SB             | SB             | SB             | SB             |
| 37 | SARASWATI BAGEWADI                | B              | B              | B              | B              | B              | B              | B              | B              | B              | B              | B              |
| 38 | SWATI DODAMANI                    | S.D            | S.D            | S.D            | S.D            | S.D            | S.D            | S.D            | S.D            | S.D            | S.D            | S.D            |
| 39 | BORAMMA                           | B.p            | BP             | BP             | BP             | BP             | BP             | BP             | BP             | BP             | BP             | BP             |
| 40 | MADHU                             | M              | M              | M              | M              | M              | M              | M              | M              | M              | M              | M              |

  
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|    |                                  |     |     |     |     |     |     |     |     |     |     |     |
|----|----------------------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| 16 | Rakashita Basanagowda Biradara   | R   | R   | R   | R   | R   | R   | R   | R   | R   | R   | R   |
| 17 | SANIA AKBAR BAVDOOR              | S   | S   | S   | S   | S   | S   | S   | S   | S   | S   | S   |
| 18 | Manjunath Yalaguradappa Meti     | M   | M   | M   | M   | M   | M   | M   | M   | M   | M   | M   |
| 19 | Shivayya Basayya Math            | S   | S   | S   | S   | S   | S   | S   | S   | S   | S   | S   |
| 20 | Sanju Dyavappa Handaragalla      | SDH | SDH | SDH | SDH | SDH | SDH | SDH | SDH | SDH | SDH | SDH |
| 21 | Laxmi Ramannavar                 | ASH | ASH | ASH | ASH | ASH | ASH | ASH | ASH | ASH | ASH | ASH |
| 22 | Prajwal B Pattanashetti          | P   | P   | P   | P   | P   | P   | P   | P   | P   | P   | P   |
| 23 | Sameer Munna Kudari              | SMK | SMK | SMK | SMK | SMK | SMK | SMK | SMK | SMK | SMK | SMK |
| 24 | Kavya Gangappa Havaladar         | K   | K   | K   | K   | K   | K   | K   | K   | K   | K   | K   |
| 25 | Ishwari Siddappa Pyatishettar    | ISP | ISP | ISP | ISP | ISP | ISP | ISP | ISP | ISP | ISP | ISP |
| 26 | Pavitra Shreenivas Biradar       | P   | P   | P   | P   | P   | P   | P   | P   | P   | P   | P   |
| 27 | Shaila Hatti                     | H   | H   | H   | H   | H   | H   | H   | H   | H   | H   | H   |
| 28 | RANJITA NADAGERI                 | R   | R   | R   | R   | R   | R   | R   | R   | R   | R   | R   |
| 29 | Saniya Nadaf                     | S   | S   | S   | S   | S   | S   | S   | S   | S   | S   | S   |
| 30 | BASAMMA SANGANNA YALAWAR         | B   | B   | B   | B   | B   | B   | B   | B   | B   | B   | B   |
| 31 | Muragemma Shekhayya Chikkamath   | M   | M   | M   | M   | M   | M   | M   | M   | M   | M   | M   |
| 32 | GURURAJ ERANNA BYAKODA           | GEB | GEB | GEB | GEB | GEB | GEB | GEB | GEB | GEB | GEB | GEB |
| 33 | BAPUGOWDA POLESHI                | B   | B   | B   | B   | B   | B   | B   | B   | B   | B   | B   |
| 34 | Tabasum Banglesab Chepparabnd    | TCB | TCB | TCB | TCB | TCB | TCB | TCB | TCB | TCB | TCB | TCB |
| 35 | Shruti Hanamantray Singnalli     | S   | S   | S   | S   | S   | S   | S   | S   | S   | S   | S   |
| 36 | Srushti Basalingayya Naduvnamath | SB  | SB  | SB  | SB  | SB  | SB  | SB  | SB  | SB  | SB  | SB  |
| 37 | SARASWATI BAGEWADI               | S   | S   | S   | S   | S   | S   | S   | S   | S   | S   | S   |
| 38 | SWATI DODAMANI                   | S.D | S.D | S.D | S.D | S.D | S.D | S.D | S.D | S.D | S.D | S.D |
| 39 | BORAMMA                          | Bp  | Bp  | Bp  | Bp  | Bp  | Bp  | Bp  | Bp  | Bp  | Bp  | Bp  |
| 40 | MADHU                            | M   | M   | M   | M   | M   | M   | M   | M   | M   | M   | M   |

  
 Physical Education Director  
 M.G.V.C. Arts, Com. & Science  
 College, Muddabihal, Dist. Vijayapur.

  
 Co-ordinator,  
 Internal Quality Assurance Cell  
 M.G.V.C. Arts, Commerce & Science College  
 MUDDABIHAL-586212. Dist: Vijayapur.

|    |                                   |                |                |                |                |                |                |                |                |                |                |
|----|-----------------------------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|
| 16 | Rakashita Basanagowda Biradara    | R              | R              | R              | R              | R              | R              | R              | R              | R              | R              |
| 17 | SANIA AKBAR BAVOOR                | S              | S              | S              | S              | S              | S              | S              | S              | S              | S              |
| 18 | Manjunath Yalaguradappa Meti      | M              | M              | M              | M              | M              | M              | M              | M              | M              | M              |
| 19 | Shivayya Basayya Math             | S              | S              | S              | S              | S              | S              | S              | S              | S              | S              |
| 20 | Sanju Dyavappa Handaragalla       | SDH            | SDH            | SDH            | SDH            | SDH            | SDH            | SDH            | SDH            | SDH            | SDH            |
| 21 | Laxmi Ramannavar                  | ASH            | ASH            | ASH            | ASH            | ASH            | ASH            | ASH            | ASH            | ASH            | ASH            |
| 22 | Prajwal B Pattanashetti           | P              | P              | P              | P              | P              | P              | P              | P              | P              | P              |
| 23 | Sameer Munna Kudari               | SMK            | SMK            | SMK            | SMK            | SMK            | SMK            | SMK            | SMK            | SMK            | SMK            |
| 24 | Kavya Gangappa Havaladar          | K              | K              | K              | K              | K              | K              | K              | K              | K              | K              |
| 25 | Ishwari Siddappa Pyatishettar     | <del>ISP</del> | <del>ISP</del> | <del>ISP</del> | <del>ISP</del> | <del>ISP</del> | <del>ISP</del> | <del>ISP</del> | <del>ISP</del> | <del>ISP</del> | <del>ISP</del> |
| 26 | Pavitra Shreenivas Biradar        | P              | P              | P              | P              | P              | P              | P              | P              | P              | P              |
| 27 | Shaila Hatti                      | H              | H              | H              | H              | H              | H              | H              | H              | H              | H              |
| 28 | RANJITA NADAGERI                  | R              | R              | R              | R              | R              | R              | R              | R              | R              | R              |
| 29 | Saniya Nadaf                      | S              | S              | S              | S              | S              | S              | S              | S              | S              | S              |
| 30 | BASAMMA SANGANNA YALAWAR          | B              | B              | B              | B              | B              | B              | B              | B              | B              | B              |
| 31 | Muragemma Shekhayya Chikkamath    | M              | M              | M              | M              | M              | M              | M              | M              | M              | M              |
| 32 | GURURAJ ERANNA BYAKODA            | <del>GEB</del> | <del>GEB</del> | <del>GEB</del> | <del>GEB</del> | <del>GEB</del> | <del>GEB</del> | <del>GEB</del> | <del>GEB</del> | <del>GEB</del> | <del>GEB</del> |
| 33 | BAPUGOWDA POLESHI                 | B              | B              | B              | B              | B              | B              | B              | B              | B              | B              |
| 34 | Tabasum Banglesab Chepparabnd     | TCB            | TCB            | TCB            | TCB            | TCB            | TCB            | TCB            | TCB            | TCB            | TCB            |
| 35 | Shruti Hanamantray Singnalli      | S              | S              | S              | S              | S              | S              | S              | S              | S              | S              |
| 36 | Srushti Basalingayya Naduvanamath | S              | S              | S              | S              | S              | S              | S              | S              | S              | S              |
| 37 | SARASWATI BAGEWADI                | B              | B              | B              | B              | B              | B              | B              | B              | B              | B              |
| 38 | SWATI DODAMANI                    | S              | S              | S              | S              | S              | S              | S              | S              | S              | S              |
| 39 | BORAMMA                           | B              | B              | B              | B              | B              | B              | B              | B              | B              | B              |
| 40 | MADHU                             | M              | M              | M              | M              | M              | M              | M              | M              | M              | M              |

  
**Physical Education Director**  
M.G.V.C. Arts, Com, & Science  
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**Co-ordinator,**  
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S. G. V. C. Vidya Prasarak Trust's,  
**Matoshri Gangamma Veerappa Chiniwar**  
**Arts, Commerce & Science College,**

**MUDDEBIHAL-586212.** Dist. Vijayapur (Karnataka)  
(Accredited with CGPA of 3.31 on seven point scale at 'A+' Grade)  
Affiliated to Rani Channamma University, Belgavi



• email : princmgvc@gmail.com • www.mgvcmbi.in • 9035103184 •

Ref. No. : .....

Date : .....

To,

Prof. H.G. Patil  
Director of Physical Education  
MGVC College, Muddebihal.

**Sub: Appointment as member for Certificate Course Regarding...**

Respected Sir,

We are happy to say that have been appointed as member of Board of Studies in Certificate Course of "Yogasana's" during the month of March 2026. The BoS meeting held on 07-03-2026 at Department of Physical Education to formulate the syllabus and pattern course structure.

Thanking You,

Date: 06-03-2026

  
**PRINCIPAL,**  
**S. G. V. C. Arts, Com. & Science College**  
**MUDDEBIHAL - 586212,**



S. G. V. C. Vidya Prasarak Trust's,  
**Matoshri Gangamma Veerappa Chiniwar  
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• email : [princmgvc@gmail.com](mailto:princmgvc@gmail.com) • [www.mgvcmb.in](http://www.mgvcmb.in) • 9035103184 •

Ref. No. : .....

Date : .....

To,

Shri. Shivanand Kumbar  
Director of Physical Education,  
MGVC B.Ed College Muddebihal.

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Ref. No. : .....

Date : .....

To,

Dr. R.H. Sajjan  
Head, Department of History,  
MGVC College, Muddebihal.

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Ref. No. : .....

Date : .....

To,

Dr. S.C. Angadi  
Head, Department of Hindi  
MGVC College, Muddebihal.

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Ref. No. : .....

Date : .....

## Report

The Department of Physical Education successfully organized a Certificate Course on "Yogasana's" with the objective of promoting Physical Fitness mental well being and awarenss about the importance of Yoga in Daily Life.

The Course was conducting from 9<sup>th</sup> March to 21<sup>st</sup> April 2026. The sessions were carefully structured to provide both theoretical knowledge and practical training in various Yogasana's. The resource person for the course was Mr. Shivanand Kumbar, a skilled and experienced Yoga Trainers. The total 40 students witnessed enthusiastic participation from students.

The course concluded successfully with the distribution of certificates to the participants. The presence and support of the Principal, IQAC Coordinator, NAAC Coordinator, Dr. R.H. Sajjan, Dr. S.C. Angadi and Organizing Secretary and Physical Education Director/ Major H.G. Patil added value to the programme and motivated the participants.

Overall the certificate course achieved its objective of promoting a healthy life style and creating awareness about the significance of Yoga among students.

PRINCIPAL,

S. G. V. C. Arts, Com. & Science College  
MUDDEBIHAL - 586212,



S.G.V.C Vidya Prasarak Trust's  
**M.G.V.C Arts, Commerce  
and Science College,  
Muddebihal**  
**IQAC Initiative**



Department of Physical Education Organized

**Certificate Course on "Yogasana's"**

This is to certify that Mr/ Ms\_\_\_\_\_ of

\_\_\_\_\_ has participated in CERTIFICATE  
COURSE ON "Yogasana's" organized by the Department of Physical Education, from 09-03-2026 to  
21-04-2026.

Prof. H.G. Patil

Director of Physical Education

M.G.V.C Arts, Commerce and Science College,  
Muddebihal

Prof. S.N. Poleshi

Principal

M.G.V.C Arts, Commerce and Science College,  
Muddebihal